





## Adalida

1	1 heel forward (R)	2 heel hook (R)	3 heel forward (R)	4 next R	5 heel forward (L)	6 heel hook (L)	7 heel forward (L)	8 next L	
2	1 side point (R)	2 next touch (R)	3 side R	4 next touch (L)	5 side point (L)	6 next touch (L)	7 side L	8 next touch (R)	
3	1 side R	2 next touch (L)	3 side L	4 next touch (R)	5 side R	6 XIB L	7 side R	8 brush (L)	
4	1 side L	2 XIB R	3 turn $\frac{1}{4}$ L	4 brush (R)	5 XIF R	6 back L	7 side R	8 next L	

XIF = cross in front , XIB = cross in back



## Adalida

Choreographed by Val Reeves

Description: 32 count, 4 wall, beginner line dance

- 1-4 Right heel tap forward, hook under left knee, right heel tap forward, back in place
- 5-8 Left heel tap forward, hook under right knee, left heel tap forward, back in place
- 9-12 Right toe touch to side, touch right beside left, right step right, touch left beside right
- 13-16 Left toe touch left, touch left beside right, left step left, touch right beside left
- 17-20 Right step to right, left touch beside right, left step left, right touch beside left
- 21-24 Right step right, left step behind right, right step right, left touch
- 25-28 Left step left, right step behind left, left step left turning 1/4 turn left, brush right
- 29-32 Right step across left, left step back, right step to right, left step beside right

REPEAT